

Literatuurlijst

- Alghofaili, A., Alolayan, S., Alhowail, A., Mobark, M. A., Alderaibi, S., & Almogbel, Y. (2021). The Effect of Depression on Treatment Adherence Among a Sample of Saudi Patients Diagnosed with Acne Vulgaris. *Clinical, Cosmetic and Investigational Dermatology*, 14, 1497-1506. <http://doi.org/10.2147/ccid.S335007>
- Bajawi, S., Salih, S., Mahfouz, M. S., Bajawi, N., & Asiri, B. (2016). Acne vulgaris awareness and impact on quality of life and psychological status of adolescent school children in Jazan, Saudi Arabia. *International Journal of Sciences: Basic and Applied Research*, 25(2), 374-84.
- Briñol, P., Gascó, M., Petty, R. E., & Horcajo, J. (2013). Treating Thoughts as Material Objects Can Increase or Decrease Their Impact on Evaluation. *Psychological Science*, 24(1), 41-47. <https://doi.org/10.1177/0956797612449176>
- Chandrasekaran, S., De Sousa, J. F. M., Paghdar, S., Khan, T. M., Patel, N. P., & Tsouklidis, N. (2021). Is Isotretinoin in Acne Patients a Psychological Boon or a Bane: A Systematic Review. *Cureus*, 13(8), e16834. doi:10.7759/cureus.16834
- Chen, Y., & Lyga, J. (2014). Brain-skin connection: stress, inflammation and skin aging. *Inflammation & Allergy-Drug Targets (Formerly Current Drug Targets-Inflammation & Allergy)(Discontinued)*, 13(3), 177-190.
- Chiu, A., Chon, S. Y., & Kimball, A. B. (2003). The response of skin disease to stress: changes in the severity of acne vulgaris as affected by examination stress. *Archives of dermatology*, 139(7), 897-900. <http://doi.org/10.1001/archderm.139.7.897>
- Dreno, B., Amici, J. M., Demessant-Flavigny, A. L., Wright, C., Taieb, C., Desai, S. R., & Alexis, A. (2021). The Impact of Acne, Atopic Dermatitis, Skin Toxicities and Scars on Quality of Life and the Importance of a Holistic Treatment Approach. *Clinical, Cosmetic and Investigational Dermatology*, 14, 623-632. <http://doi.org/10.2147/ccid.S315846>
- Goldin, D. (2021, 23 juni). The mind and skin connection. *Psychology today*. Geraadpleegd op 16 november 2023, van <https://www.psychologytoday.com/us/blog/the-brain-body-connection/202106/the-mind-and-skin-connection>
- Blom, T., Dikmans, R., Blaauwbroek, H. (2020) *Eindrapportage project psychosociale problemen bij ernstige huidaandoeningen* (1). Huidpatiënten Nederland. (2020). Geraadpleegd op 05 december 2023, van <https://huidnederland.com/uitkomsten-project-psychosociale-zorg>
- Huidnederland (z.d.) *Hoe gaat het met je doe de test*. Huidnederland. Geraadpleegd op 16 december 2023 van, <https://huidnederland.com/hoe-gaat-het-met-je-doe-de-test>
- Jović, A., Marinović, B., Kostović, K., Čević, R., Basta-Juzbašić, A., & Bukvić Mokos, Z. (2017). The impact of psychological stress on acne. *Acta dermatovenerologica Croatica*, 25(2), 133-133.
- Jozic, I., Stojadinovic, O., Kirsner, R. S., & Tomic-Canic, M. (2015). Skin under the (spot)-light: cross-talk with the central hypothalamic–pituitary–adrenal (HPA) axis. *Journal of Investigative Dermatology*, 135(6), 1469-1471.
- Kaikati, J., Zoghaib, S., Kechichian, E., Stephan, F., Helou, J., Sleilaty, G., & Tomb, R. (2021). The impact of acne treatment on quality of life and self-esteem: A prospective cohort study from Lebanon. *International Journal of Women's Dermatology*, 7(4), 415-421. <https://doi.org/10.1016/j.ijwd.2021.03.005>.
- Lahane, P., Aher, J., & Thengade, A. (2022). Brain-Skin Connection: Stress, Inflammation

- and Skin Aging. *Mathematical Statistician and Engineering Applications*, 71(4), 7608-7615.
- Lyon, G. (2019, 27 februari). Why the link between your mind and skin may be stronger than you think. *Healthline*. Geraadpleegd op 16 november 2023 van, <https://www.healthline.com/health/mental-health/acne-therapy-for-anxiety-depression#Using-a-holistic-approach->
- Miniszewska, J. (2015). Psychodermatology from the perspective of a psychologist. *Health Psychology Report*, 3(4), 269-280.
- Mizuno, K., Sakaue, H., Kohsaka, K., Takeda, H., Hayashi, N., & Sato, T. (2021). An increase in normetanephrine in hair follicles of acne lesions through the sympatho-adrenal medullary system in acne patients with anxiety. *Journal Dermatology*, 48(8), 1281-1285. <http://doi.org/10.1111/1346-8138.15935>
- NVPD (z.d.). *Vind een hulpverlener*. NVPD. Geraadpleegd op 18 december 2023 van, <https://www.nvpd.nl/vind-een-hulpverlener/?wpsl-search-input=&wpsl-radius=100&wpsl-results=100&wpsl-category=0>
- Norman, R. (2021, 02 februari). The brain-skin connection series [Video]. Youtube. Geraadpleegd op 16 november 2023, van <https://www.youtube.com/playlist?list=PLb5c9-jmB5lGJ-18nG-LufLCrVlav-OFm>
- Sagaltici, E., & Tas, B. (2021). Mental health and psychological resilience among acne vulgaris patients during the pandemic: A cross-sectional controlled study. *Journal Cosmetic Dermatology*. <http://doi.org/10.1111/jocd.14531>
- Spillekom van Koulil, S. (2020). *Vind een goede psychosociale zorgverlener 2020* [Powerpoint-slides]. Nederlands Vereniging voor Psychodermatologie. Geraadpleegd op 25 november 2023, van <https://huidnederland.com/uitkomsten-project-psychosociale-zorg>
- Spillekom van Koulil, S, Evers, A.W.M. (2017). Psychodermatologie: Psychologische aspecten bij huidaandoeningen. *Nederlands Tijdschrift voor Dermatologie en Venereologie*, 27. 66-68.
- Tan, J., Beissert, S., Cook-Bolden, F. (2021). Impact of Facial Atrophic Acne Scars on Quality of Life: A Multi-country Population-Based Survey. *Am Journal Clinical Dermatology* 23, 115–123 (2022). <http://doi.org/10.1007/s40257-021-00628-1>
- VGZ. (z.d.) *VGZ Mindfulness Coach*. VGZ. Geraadpleegd op 18 december 2023, van <https://www.vgz.nl/gezond-leven/mentaal/mindfulness-coach>
- Xu, S., Zhu, Y., Hu, H., Liu, X., Li, L., Yang, B., Wu, W., Liang, Z., & Deng, D. (2021). The analysis of acne increasing suicide risk. *Medicine*, 100(24), e26035. <https://doi.org/10.1097/MD.00000000000026035>